SEPTEMBER 2025

ESSENTIAL



FRENCH PEOPLE AND VIDEO GAMES





The "French public and video games" survey: survey carried out by Médiamétrie for SELL online from 19th June to 13th July 2025 with a sample of 4,001 people aged 10 to 80, representing the French population aged 10 to 80.



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EDITORIAL

French people and video games: 2025 was a record year for engagement

Every year, the "The French people and video games" survey provides an overview of the video game industry in France: who plays, how and why? The 2025 issue offers a detailed analysis of playing practices going beyond the socio-demographic analysis of players. It explores buying behaviour, sport and cultural activities, revealing once again French people's attachment to playing video games, today an integral part of their daily lives.

A RECORD NUMBER OF PLAYERS: 40.2 MILLION PLAYERS

Never before have so many people played video games. In 2025, 40.2 million French people said they had played at least once during the year, an all-time record largely driven by adults, who account for 88% of players (+4 points vs 2024). These figures reflect the maturity of the industry and the loyalty of a very diverse audience, which is growing alongside video games.

The average age of players has stabilised at 40, slightly below the average age of the general population (44), with almost perfect parity between men and women (51% vs 49%). In 25 years, the number of people playing video games has changed dramatically. At the dawn of the new millennium, only 20%* of French people were video game players, i.e. around 12 million people, and female players accounted for just 10%*. Today, the number of women players continues to rise rapidly (+800,000 vs 2024) and they are even in the majority among 16-30 year-olds (Gen Z), where they represent 55% of players (compared with 45% of men in this age group), a strong sign of the democratisation and gradual feminisation of video games.

GROWING ENGAGEMENT

Today, 76% of players play regularly, at least once a week, with an acceleration among adults (+3 points vs 2024). This regularity is accompanied by an increase in weekly play by an average of 38 minutes - for weekly play of 7 hours 55 minutes for these regular players. At the same time, the diversity of our video game media is enriching this dynamic. Players combine an

average of 2.2 devices, confirming the high degree of complementarity between platforms. Smartphones and consoles (TV or handheld) attract the same proportion of players (59% vs 58%). The attachment to the console (TV or handheld) is confirmed year after year: 48% of French people use it (up 2 points) and three-quarters (76%) of 10-30 year-olds use this device.

VIDEO GAMES: BUILDING CONNECTIONS

In 2025, the social nature of video games is confirmed. Multiplayer games, both offline and online, are developing strongly: 65% of players share their sessions with others, 63% of adults and 84% of children. Online playing has risen three points this year and is increasingly becoming a place for sharing and getting together: 86% of players play with their friends, 79% with their children and 76% with their family. Contacts made with friends met online concern 75% of players, 60% of whom met in the game. In this way, video games have gone far beyond mere entertainment to become a vehicle for social interaction and intergenerational exchange.

4 OUT OF 10 FRENCH PLAYERS CLAIM TO BE "GAMERS"!

Video games have gone beyond the realm of individual leisure to become a marker of identity. This is the first time we have measured this sense of belonging: 39% of players consider themselves to be "gamers" and this self-identification rises to 56% in the 10-30 age group. Video games are today an activity, a social connection and a cultural symbol. They are experienced as a shared community passion; through live streams, chat forums and online communities, dedicated pages and content on social media, as well as events and major conventions that bring together thousands of participants. Among 16-30 year olds, 51% have made friends through video games and 36% say they belong to a specific community (fan of a game, e-sport team, etc.). This collective dimension transforms video games into relational media where friendships, discussions and communities are forged. making this leisure activity a strong mark of identity and culture for all generations.

MORE RESPONSIBLE AND REGULATED PRACTICES

The steps taken by the entire video game industry

to provide guidance for families and parental control tools are bearing fruit. The vigilance and involvement of parents with child players is clearly increasing. There is a trend towards moderation in terms of the frequency and amount of weekly play time for younger children, and increased attention from parents. Three-quarters of parents play with their children and 65% at least once a week. This heightened interest in video games on the part of parents encourages controlled and shared use. In 2025, almost one in two parents of children who play video games will apply parental control, thanks to the tools available and the PEGI system.

30 YEARS OF PRACTICE AND EVOLUTION

In 2025, SELL is celebrating its 30th anniversary. The history of video games in France illustrates a spectacular transformation; from a practice that was still marginal at the turn of the millennium, with just 12 million players, it has now become a key activity that attracts more than 40 million French people. The role of female players, once virtually non-existent, has grown to the point where video games have become a truly universal pastime, enjoyed and played by all generations. Beyond the figures, the sector is recognised by French people as an innovative, creative and attractive industry, which attracts young talent and arouses interest well beyond its borders. For its audiences, it remains a rich and complete form of entertainment; a place to escape, share, have fun and immerse vourself in other worlds.

The figures for 2025 confirm the growing engagement and diversity of practices in the sector, providing a solid foundation for a sustainable outlook in the years ahead.

JAMES REBOURS, CHAIRMAN OF SELL

CHAPTER

OVERVIEW
OF VIDEO GAMES
IN FRANCE



| A leisure activity that cannot be ignored | 08 |
|---|----|
| Why do we play? | 12 |
| Buying behaviour | 13 |
| A popular and attractive industry | 17 |

40 MILLION PLAYERS*

*At least once a year



76%

HOW PEOPLE PLAY

play video games at least once a week

A RECORD NUMBER OF ADULT PLAYERS

ADULTS (18 AND OVER)
35.4 MILLION PEOPLE



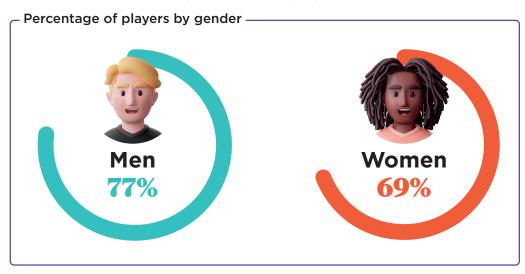
40 AVERAGE AGE of French players

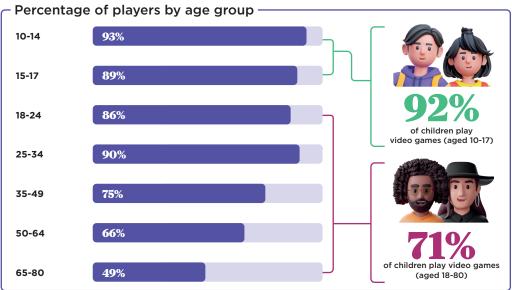


12%
CHILDREN (AGED 10-17)
4.8 MILLION PEOPLE

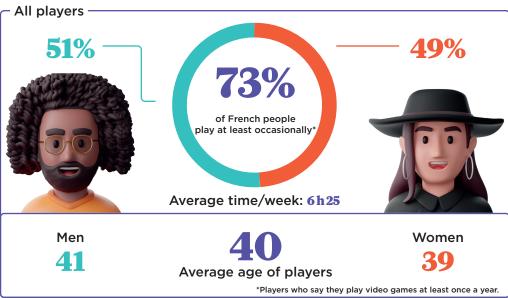
INTERGENERATIONAL ENTERTAINMENT

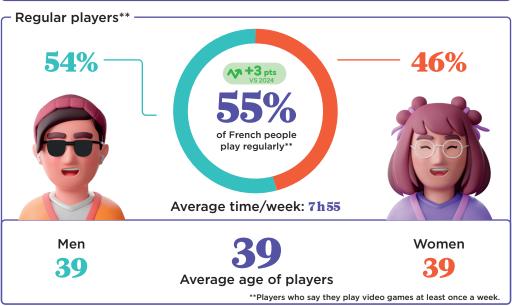
Video games involve every level of the population





PORTRAITS OF FRENCH PLAYERS





HAVE FUN, ESCAPE AND CONNECT

Motivations for playing



Have fun



Share a pleasant moment with other people

73%





Get away from things, get a break from the daily routine

87%





Train in a particular activity to progress, learn and improve

65%



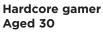


Father and son bonding.

Regular player Aged 53



[...] relax and escape from everyday life [...], take on challenges, experience exciting stories and share moments with friends online





Spend my free time playing with friends online.

Occasional player aged 51



Achieve goals, simulate characters, go beyond your limits

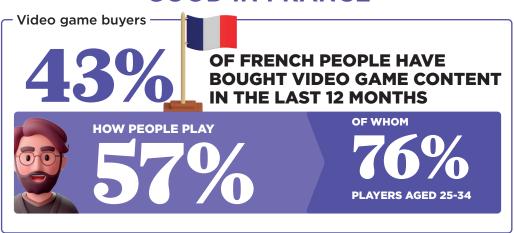
Regular player Aged 10



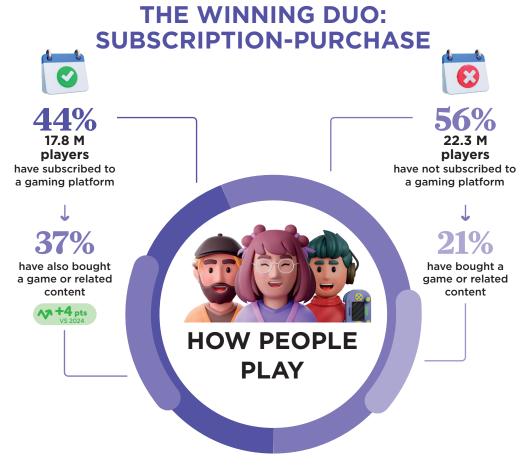
I become a superhero.

Hardcore gamer Aged 10

THE NUMBER 1 CULTURAL GOOD IN FRANCE

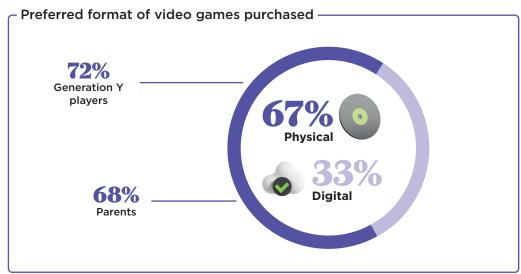


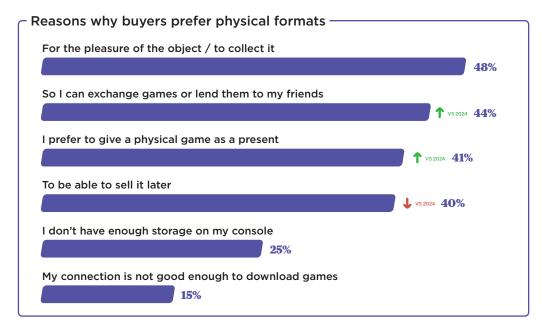
| $\overline{}$ | – Top 5 criteria that lead to a purchase ———————————————————————————————————— | | | | |
|---------------|---|--|------------------------------------|-------------|--|
| | 1 | Attracted to the style, world of the game | | 39% | |
| | 2 | The price of the game, on special offer / sale | | 37 % | |
| | 3 | The appeal of the game series (licence) | | 30% | |
| | 4 | To play with my friends who have the same game | | 27 % | |
| | 5 | | The opinions of friends and family | 26% | |



AN INCREASE IN THE AVERAGE BASKET

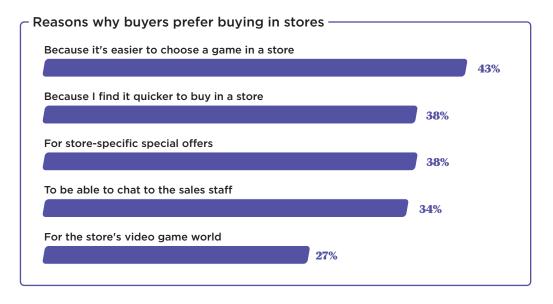






MORE CONVENIENT AND EASIER, IN-STORE PURCHASES ARE STILL POPULAR





AN INCREASINGLY POSITIVE IMAGE, DRIVEN BY THE PLAYERS THEMSELVES



Video games are an innovative sector





Playing video games is a leisure activity for the whole family





Video games are created by real artists





Playing video games is a cultural activity





Video games help you develop skills and expertise



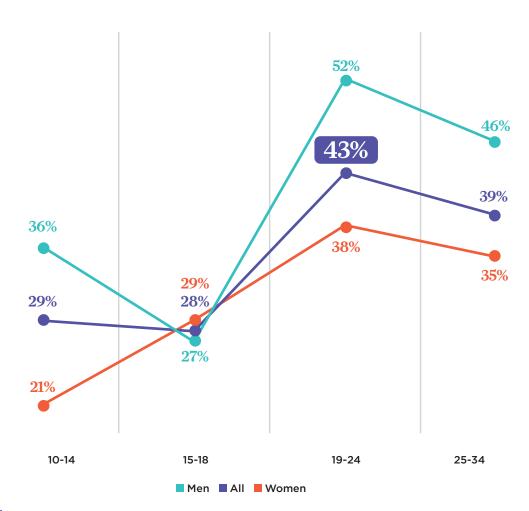
All regular players*

Total population

A SECTOR THAT APPEALS TO YOUNG PEOPLE



OF PEOPLE AGED 10-35
HAVE ALREADY CONSIDERED
WORKING IN THE VIDEO **GAME INDUSTRY**



A GROWING POPULARITY AMONG WOMEN



A PROSPECT ALREADY
CONSIDERED BY

38% PEOPLE AGED 19-24



CHAPTER

HOW DO WE

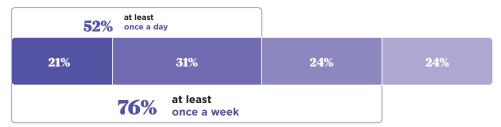
PLAY?



| Level of engagement | 22 |
|------------------------------|----|
| Preferred devices | 23 |
| Preferred genre of games | 24 |
| Social aspect of video games | 26 |
| Community aspect | 29 |

FRENCH PLAYERS ARE MORE ENGAGED THAN EVER

PEOPLE WHO PLAY VIDEO GAMES



PARTICULARLY ADULTS

CHILDREN PLAYERS



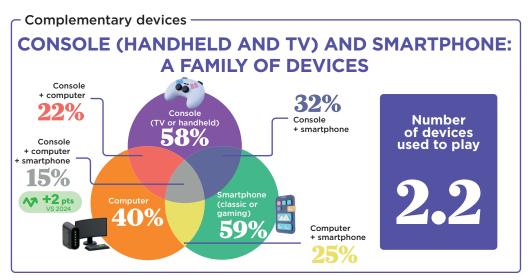
ADULT PLAYERS

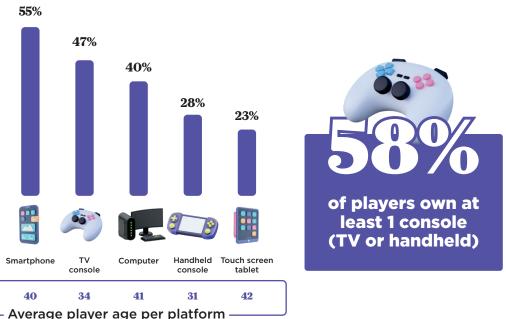


several times a day

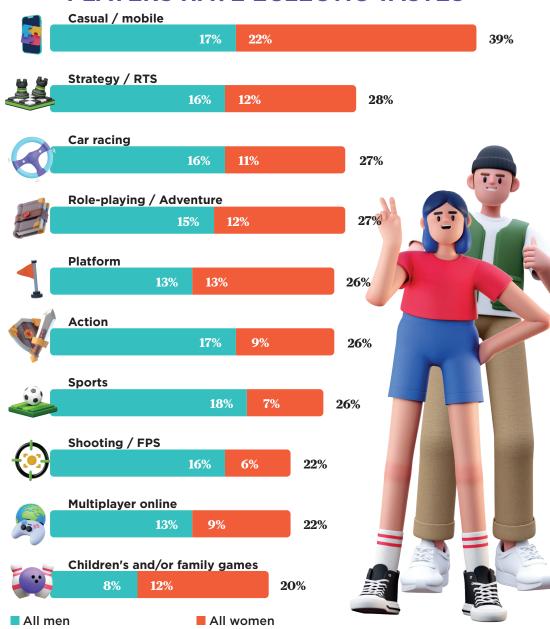
every day or nearly every day ■ 1 to 2 times a week 3 times a month or less

HIGHLY COMPLEMENTARY **DEVICES**





WITH AN AVERAGE OF 3 GAME GENRES: PLAYERS HAVE ECLECTIC TASTES



DEVICE/GENRE: PLAYER PREFERENCES

| SMARTPHONE | | | |
|------------|----------------------------------|--|--|
| 44% | Casual | | |
| 15% | Strategy / Real-time strategy | | |
| 12% | Social | | |

| TV CONSOLE | | | |
|------------|------------|--|--|
| 36% | Car racing | | |
| 35% | Action | | |
| 34% | Sports | | |

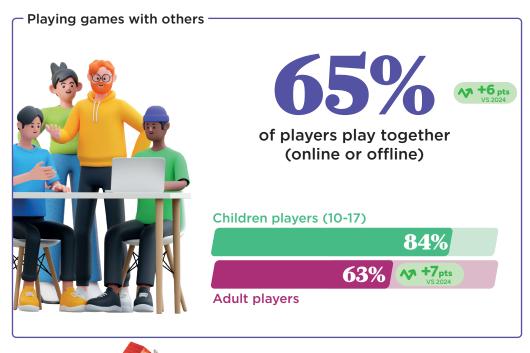
| CC | OMPUTER |
|-----|----------------------------------|
| 30% | Strategy / Real-time strategy |
| 22% | Adventure / RPG |
| 20% | Multiplayer online |







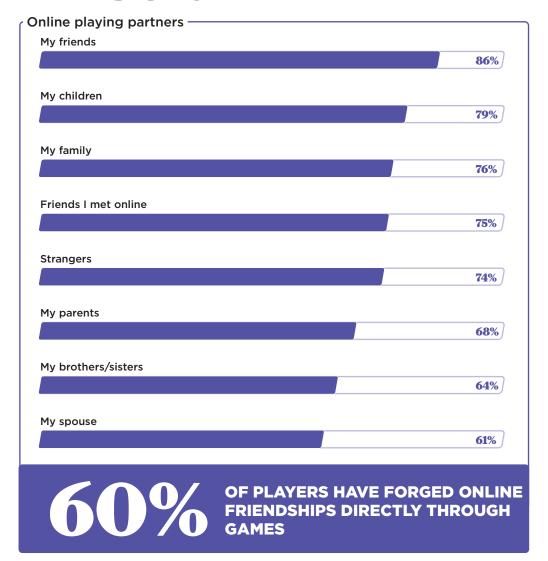
THE MULTIPLAYER MODE EXPLODES ONLINE AND OFFLINE







86% OF ONLINE PLAYERS PLAY WITH THEIR FRIENDS



A SHARED PASSION THAT BRINGS PEOPLE TOGETHER AND BUILDS FRIENDSHIPS



1 OUT OF 2 PLAYERS

AGED 16 TO 30 (GEN Z) HAVE MADE FRIENDS THROUGH PLAYING VIDEO GAMES

MORE THAN A LEISURE ACTIVITY, AN IDENTITY

39% of players consider themselves to be GAMERS

56% of players between 10 and 30 consider themselves to be GAMERS

BRINGING PEOPLE TOGETHER AND CREATING COMMUNITIES OF FANS

of players feel they belong to a community of fans (games or teams)

36%

OF PLAYERS AGED 16 TO 30 SAY THEY FEEL THIS SENSE OF **BELONGING**

HOW PEOPLE PLAY

86%

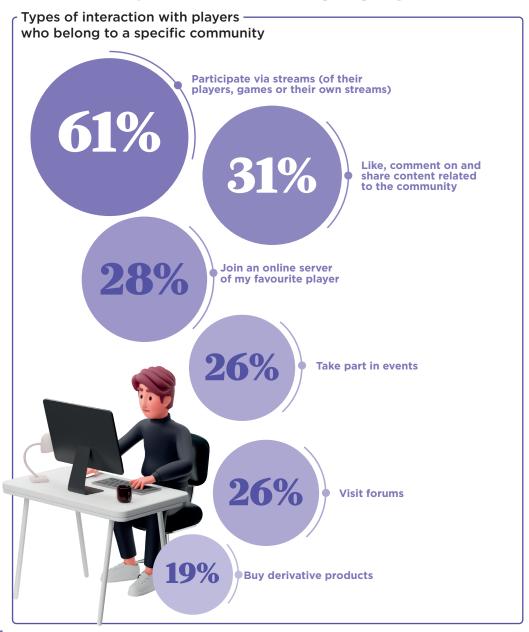
have already interacted with/contacted members of their community



and

have already met members of their community in person

BELONGING TO A COMMUNITY, VARIED INTERACTIONS



A COMMUNITY THAT IS WELL PERCEIVED BY PLAYERS AND THOSE AROUND THEM

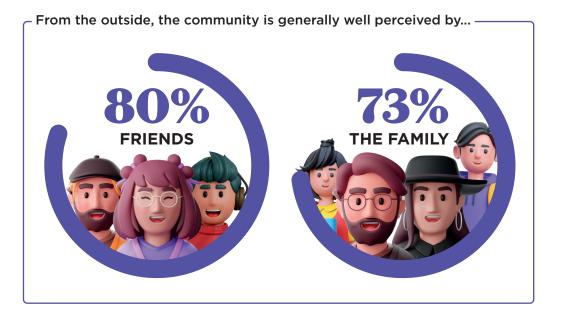
Caring and welcoming

86%

It goes beyond video games and unites people around other shared interests or subjects

86%

It has enabled people to make friends that they would not otherwise have met



CHAPTER

WHO ARE THE PLAYERS?



| Generation 2 & Alpha. video game natives | 34 |
|--|-----------|
| Women and girls: confirmed feminisation | 38 |
| Seniors: an online, playful generation | 40 |
| Cultural activities and sports | 42 |

1 IN 2 PLAYERS PLAY EVERY DAY: PORTRAIT OF 16-30 YEAR-OLDS (GEN Z)

10.9 MILLION PLAYERS





aged 16-30

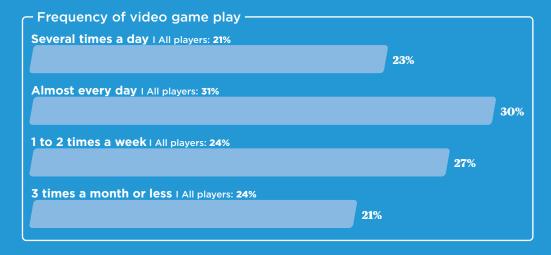
Average time/week: 7 h 16

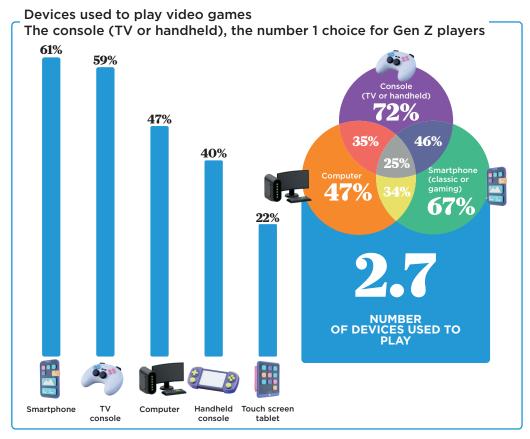
Total percentage of men/women aged 16-30 —

Men

45% 55%

Women





| _ Тор | 5 video game genres played over the last 12 months $-\!-\!-$ | | |
|--|--|-----|-------------|
| | Casual / Mobile All players: 39% | | |
| | | | 39 % |
| - Control of the cont | Multiplayer online All players: 23% | | |
| 000 | | | 39 % |
| | Role-playing / Adventure All players: 27% | _ | |
| | | 36% | |
| H 5 | Strategy / Real-time strategy All players: 28% | _ | |
| | | 36% | |
| | Car racing All players: 27% | | |
| 6 | | 35% | |
| | | | |

GEN ALPHA 10-15 YEAR-OLDS: ALL PLAYERS, ALL MOBILE

3.9 MILLION PLAYERS





AVERAGE AGE



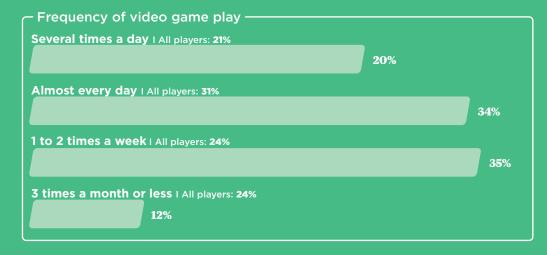
Average time/week: 7 h 03

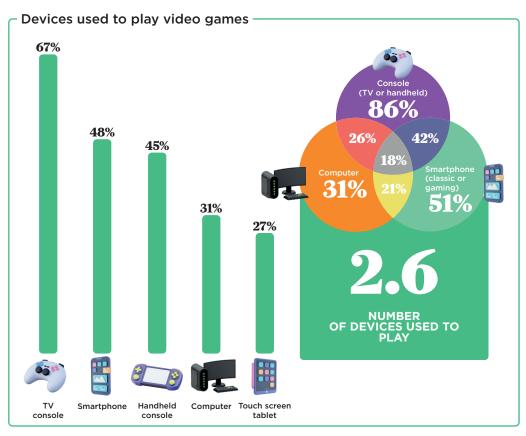
Total percentage boys/girls aged 10-15 -

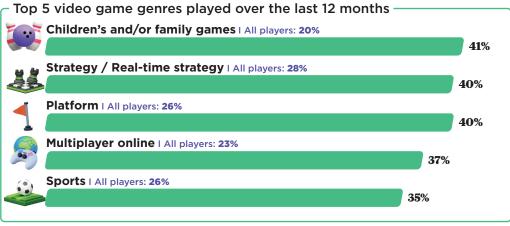
Bovs

56% 44%

Girls







ONCE AGAIN ON THE RISE

19.5 MILLION FEMALE PLAYERS



85% in 10-30 year-olds

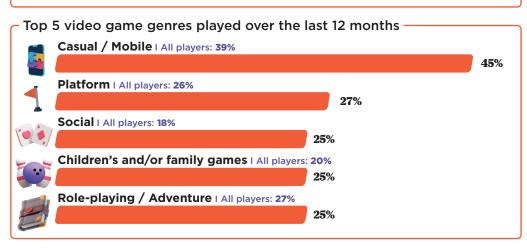


AVERAGE AGE

Average time per week: 5h52

female

Frequency of video game play Several times a day I All players: 21% 20% Almost every day | All players: 31% 28% 1 to 2 times a week | All players: 24% 3 times a month or less | All players: 24% 28%



THE PERCENTAGE OF SENIOR PLAYERS (65 AND OVER) IS ON THE RISE

10.7 MVS 2024

5.4 MILLION PLAYERS





70
AVERAGE AGE

14%
of players
are seniors

Average time/week: 4 h 51

Total percentage of men/women aged 65 and over

Men

58%

42%

Women

Several times a day | All players: 21%

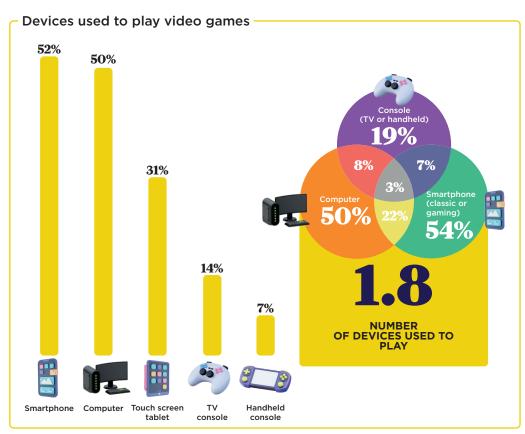
19%

Almost every day | All players: 31%

1 to 2 times a week | All players: 24%

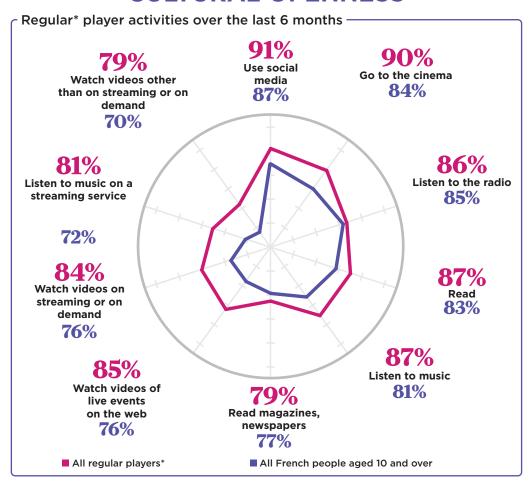
16%

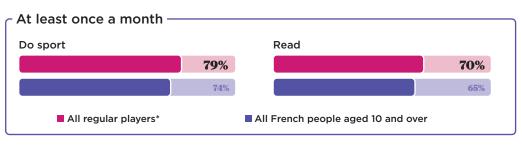
3 times a month or less | All players: 24%



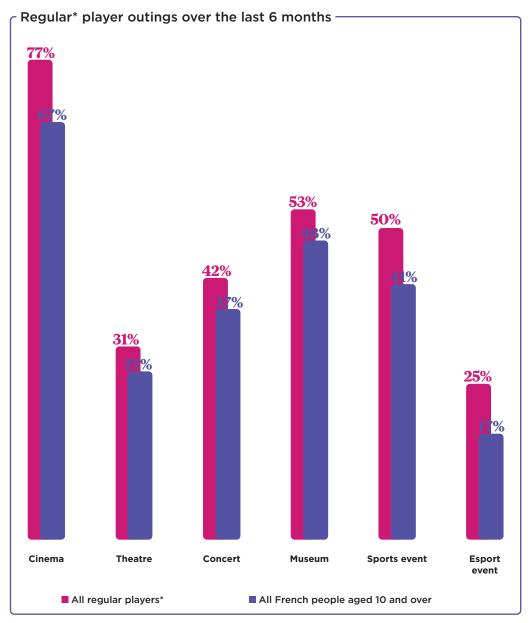


A GREATER CULTURAL OPENNESS





REGULAR PLAYERS: BIG CONSUMERS OF EVENTS





CHAPTER

A RESPONSIBLE VIDEO GAME INDUSTRY

| Parents and how their children play video games | 45 | |
|---|-----------|--|
| DEGL | E1 | |

PARENTS AND CHILDREN TOGETHER... THANKS TO VIDEO GAMES

3/4



OF PARENTS PLAY WITH THEIR CHILDREN

65%

AT LEAST ONCE A WEEK



Why do you play video games with your child?

59% It's an opportunity to share an activity.

Because my child asks me to.

Just for a laugh, because it's fun.

38%

24%

Because I like playing video games.

To check game content.



Why do you play video games with your parents?

I love doing activities with my parents.*

Just for a laugh, because it's fun.*

Because they like playing video games too.

They want to see what game I'm playing.

They ask me to play with them. **53%**

53%

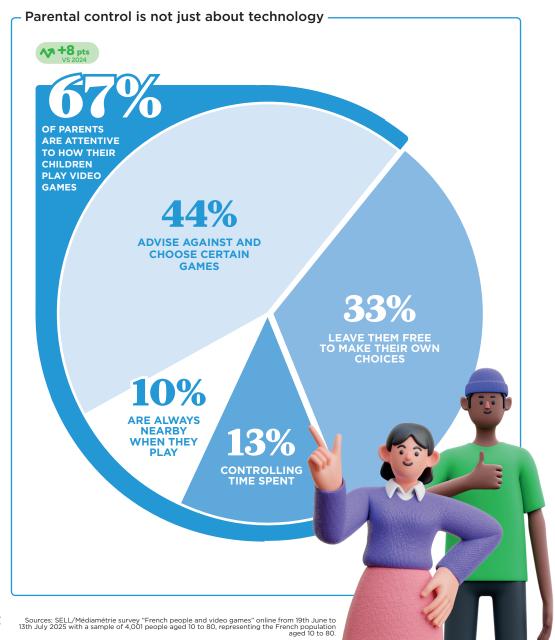
51%

24%

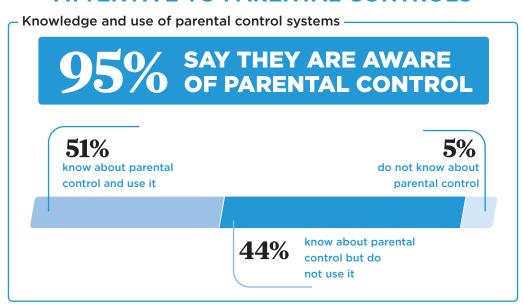
16%

*76 % The child's initiative

PARENTS ARE INCREASINGLY INVOLVED IN HOW THEIR CHILDREN PLAY VIDEO GAMES

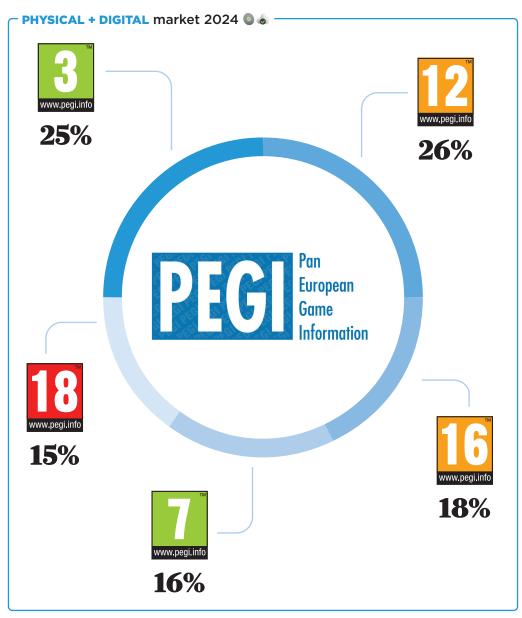


PARENTS OF CHILD PLAYERS MUCH MORE ATTENTIVE TO PARENTAL CONTROLS

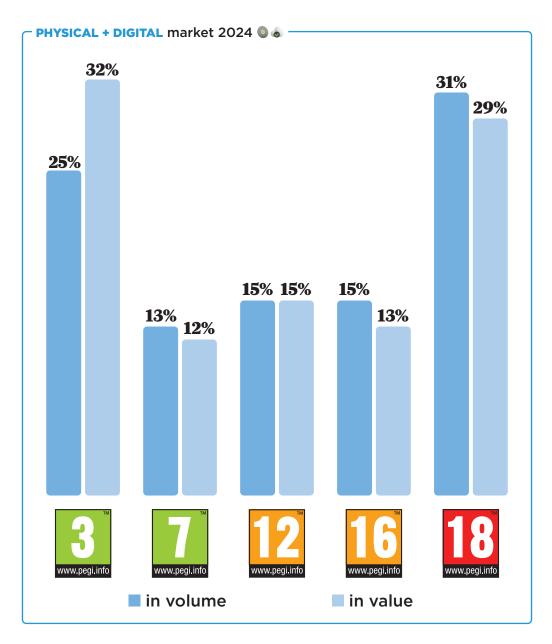




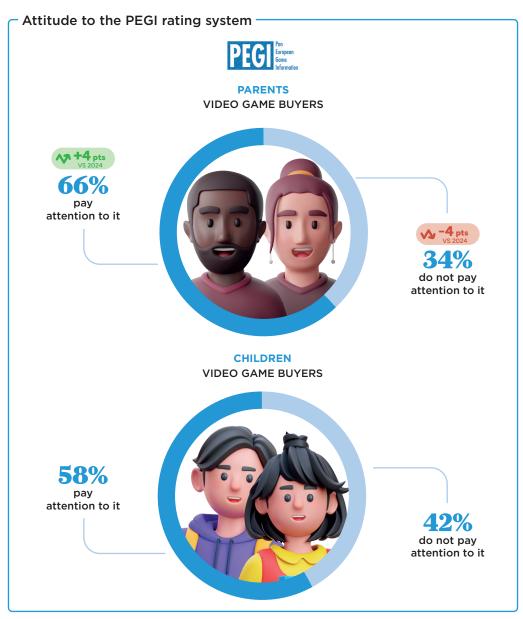
BREAKDOWN OF THE VIDEO GAMES MARKET



BREAKDOWN OF VIDEO GAME SALES



THE ACT OF BUYING AND THE PEGI RATING SYSTEM



PAN EUROPEAN GAME INFORMATION

The PEGI age rating system (Pan European Game Information) gives parents throughout Europe the opportunity to make informed decisions before purchasing a video game.

https://pegi.info/20/

aunched in spring 2003, PEGI has replaced a certain number of national age ratings through unique labels that are now used in most European countries. The system enjoys the support of the leading console manufacturers, including Sony, Microsoft and Nintendo, and also video game publishers and developers throughout Europe. It is also used for all new apps available from the Google Play Store. The age rating system was created by the European federation for video games (VGE - Video Games Europe).

WHAT DO THE LABELS MEAN?

The PEGI labels appear on the front and back of the cover and on the online platforms, indicating one of the following age ratings: 3, 7, 12, 16 or 18 (age). They provide a reliable indication of the game's content with regard to the protection of minors.

The age rating does not take into account the difficulty of the game or the skills required to play it. The descriptors (see next page) on the back cover or on the page of the game/platform indicate the main reasons why a game has a specific age rating.

CREATED IN 2003

NEARLY 40,000 RATED GAMES AND MILLIONS OF APPS PRESENT IN 40 COUNTRIES

7,700 MEMBER COMPANIES

AGE LABELS



Suitable for all ages.
Mild violence in a comical context.
No inappropriate content.



Unrealistic. Implicit violence, cartoon, fun. Frightening scenes for young children.



Violence towards fantasy characters or unrealistic violence towards human characters. Mild bad language, nudity, horror.









Realistic violence towards human characters. Sports action with presence of blood. Strong bad language, horror, drug use. Representation of criminal activity.







Extreme violence to defenceless or innocent human characters. Glamorisation of drugs. Sexual expression or activity.

CONTENT DESCRIPTORS



This game contains bad language.



This game encourages and/or teaches gambling.



This game refers to the use of drugs (including tobacco and alcohol).



This game shows nudity and/or sexual behaviour or makes sexual references.



This game allows the player to buy digital goods with real money. Includes random content.



This game contains violent scenes.



This game may frighten young children.



This game contains images which may encourage discrimination.

PEG HOW DOES IT WORK?

Every commercialised version of a video game must be approved by PEGI before release. This approval is granted following an assessment by two independent institutes: Nicam (responsible for PEGI 3 and 7 games) and GRA (responsible for PEGI 12, 16 and 18 games) to smooth the process.

NICAM

The **Nicam** (Netherland Institute for the Classification of Audiovisual Media) was founded in 1999, with the support of the Dutch government, in response to the European Commission's order to protect young audiences from unsuitable audiovisual content. Given its extensive expertise in approving audiovisual content, PEGI works with Nicam to approve video games for young audiences (PEGI 3, PEGI 7) published in Europe.



The **GRA** (Games Rating Authority) is an organisation that was founded in 1989 to hold producers of video content – both interactive and non-interactive – accountable for their role in disseminating inappropriate images to the public. Since its inception, the GRA has been responsible for approving games published in the UK. This led PEGI to entrust the British organisation with the task of approving PEGI 12, PEGI 16 and PEGI 18 games in 2003.

THE RATING PROCESS

1 ANALYSING THE CONTENT

Publishers complete a closed-ended questionnaire to determine a provisional rating.

2 PLAYING FOR VALIDATION PURPOSES

The approving officers explore all features of the game to confirm that the answers provided apply to the version under examination.

3 ISSUING THE RATING

The provisional rating is approved or modified within 4 to 10 days. PEGI then issues a licence to the publisher, authorising the use of age labels and descriptors.

4 INFORMING

The publisher must display the relevant logos on the game box, as well as on its website and in its promotional communications and materials.

CHAPTER

05

THE UNION
OF VIDEO
GAME
PUBLISHERS





About us -

The Union of Video Game Publishers (SELL) is a professional organisation founded 30 years ago in 1995, bringing together companies specialising in video game publishing.

With its 24 members, including two associate members, SELL represents the interests of the video game sector in contact with organisations, the media, families and players. Publishers play a key role in promoting video games: they identify promising studios, support them and take charge of the distribution, marketing and communication around their creations.

SELL's vocation is to federate these partners and promote joint actions that demonstrate the diversity, creativity and responsible engagement of this industry. Its main missions are to promote video games and raise awareness of players and families about best practices, so they can enjoy playing with peace of mind.

OUR MISSIONS

Representing the publishing industry -

As an industry spokesperson, SELL's primary vocation is to defend the interests of its members and, more generally, all of the video game sector. It is the key contact with public authorities, politicians and also innovative and cultural ecosystems.

To achieve this, SELL has joined several organisations and working groups.

INTER-MINISTERIAL WORKING GROUP made up of the DGE, the CNC, the National Video Game Union (SNJV). SELL and Ubisoft.

CNC: member of the Commission for Diversity in the Cultural Sector.

ARCOM: member of the Child Protection Commission.

STRATEGIC GUIDANCE of the National Digital Council.

VGE (VIDEO GAMES EUROPE): board member. FRANCE ESPORTS: board member.



Informing, protecting and supporting responsible initiatives -

Since its beginnings, SELL has been committed to a corporate social responsibility initiative to inform and protect the consumer and promote inclusion, diversity, digital sobriety and accessibility.

PEGI: created in 2003, PEGI (Pan European Game Information) is the European rating system for video games. It provides information on the content of each game and indicates a minimum advised playing age.

PEGI is present in 40 countries, has ratified over 35,000 games and millions of apps and has over 2,500 member companies.

PÉDAGOJEUX: a collective created in 2008 bringing together people from public bodies, the video games industry and charities. This collective has a mission to raise awareness and help people understand video games.

SUPPORTING ORGANISATIONS PROMOTING RESPONSIBLE INCLUSION:

Women in Games to promote diversity, CapGame to develop accessibility and Silver Geek for intergenerational connection.

Promoting video games

SELL's mission is to promote video games, the industry's innovations and creativity with the general public, national and European stakeholders and also the media. SELL carries out its promotional actions through regular communication and most importantly via two major annual events: the IDEF and Paris Games Week.

IDEF: created in 2006 by SELL, the Interactive & Digital Entertainment Festival is an event for French stakeholders in the video game and interactive leisure activity market. It takes place every year in

the early summer. Developers, publishers, accessory manufacturers and distributors come together for business meetings to structure the end of the year.

PARIS GAMES WEEK: in 2024, PGW welcomed 188,000 visitors and 156 exhibitors spread over three halls, bringing together players, families and friends around the same passion for video games. This year's event bears witness to the continuing popularity of video games and confirms its position as a mustattend event for the video game community.



Structuring market information

SELL works with partners to provide the whole ecosystem with reliable studies on the video game market, video game player profiles and also video game player purchasing and use. Several panels are used to carry out this analysis.

GSD PANEL, GAME SALES DATA (DISTRIBUTORS

AND DIGITAL): VGE/Sparkers

GAMETRACK PANEL (CONSUMERS): VGE/IPSOS SENSOR TOWER PANEL (MOBILE)

IDC PANEL (PC GAMING HARDWARE AND SCREENS): SELL

OTHER SURVEYS: "French people and video games", SELL/Médiamétrie

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